



# Borneo Youth Leadership Camp

# GUIDE BOOK

Photo by: Irah, Rillo

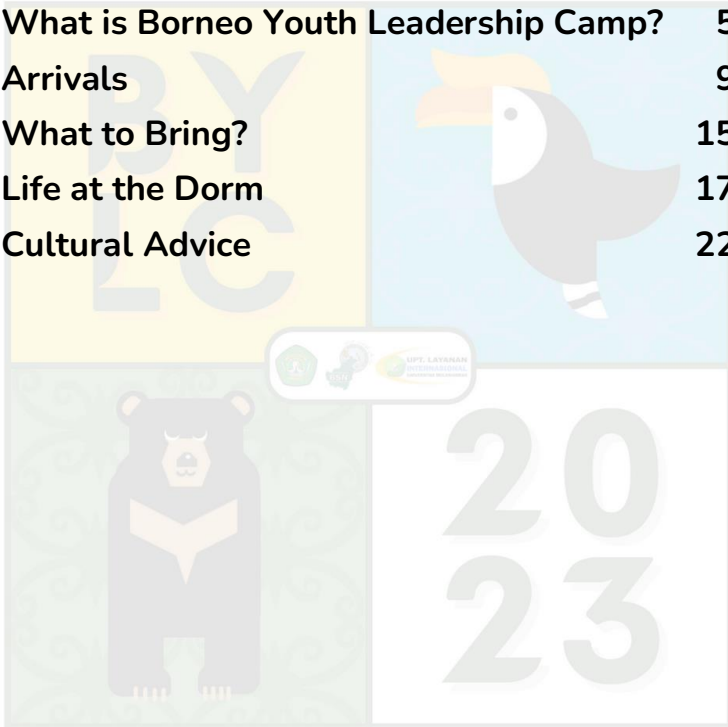
The background features a light blue and yellow color scheme. On the left, the letters 'BYLC' are faintly visible in a large, grey font. On the right, there is a stylized illustration of a bird with a yellow beak and a grey body. At the bottom, the year '2023' is faintly visible in a large, grey font.

# ***Congratulations!***

As you have been accepted to the 2023 Borneo Youth Leadership Camp, here is a guide for you so that you can understand what we are aiming for, what are the things that we are going to do, and so that you can fully prepare yourself before the program begins.

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## About UNMUL

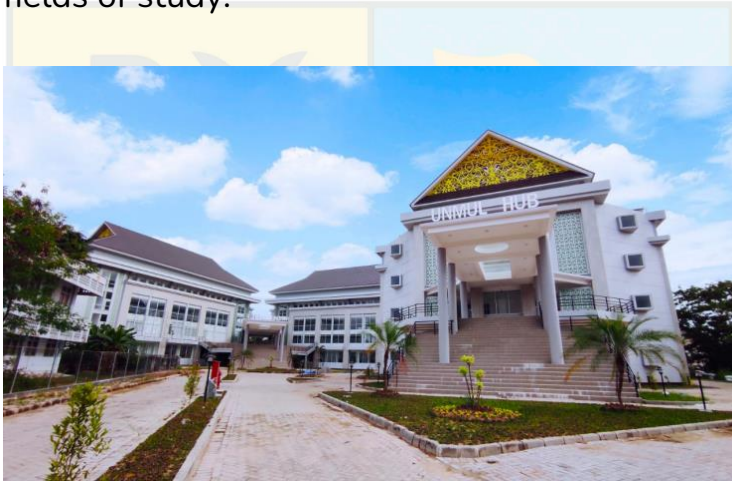
First of, we would like to introduce you to Unmul. Unmul itself is the abbreviation of Universitas Mulawarman, which is the largest university in Kalimantan with over 37.000 registered students and staff members.

It was founded in September 27<sup>th</sup>, 1962 as Universitas Kalimantan Timur (University of East Kalimantan) until it was officially inaugurated as Universitas Mulawarman in 1963 by Indonesia's first president, Ir. Soekarno.



Gelora 27 September, an amphitheater which has become an icon and named after the founding date of the University.

Currently, Unmul has 13 different faculties with over 80 programs that range from undergraduate to post-doctorate, and also offering vocational programs in tens of different fields of study.



Unmul-Hub, which has been renamed to Masjaya Building, after the previous rector of Unmul, this building is where the International Office is at.



## What is Borneo Youth Leadership Camp?

Borneo Youth Leadership Camp is the 2023 edition of the annual Summer School Exchange Program held by the International Office of Universitas Mulawarman. In this program, you will attend classes in our faculties and go on field trips where you can learn the culture and nature directly.

In this year's program, there will be 7 different faculties that will be involved, ranging from the Faculty of Education that will offer courses on how to make education fun, to the Faculty of Public Health where you are going to learn about how to handle unexpected life hazard such as fire, and the Faculty of Cultural Studies, where you will be learning about the native culture of Borneo.



A visit to Museum Mulawarman

We will also going on to field trips to Museum Mulawarman in Tenggarong where you will learn about the history of East Kalimantan, learn the production of yea rice as Indonesia's staple food in the paddy fields at Betapus, and to learn about East Kalimantan natural forest and endangered native species; the bornean sun bear.





Last year's participants and student buddies in the village of Pampang

By joining the 2023 Summer School Exchange Program with the theme of “Youth Leadership”, we hope that you, as the youth, will be aware and able to bring changes to environmental and social issues, wherever you are in the world.

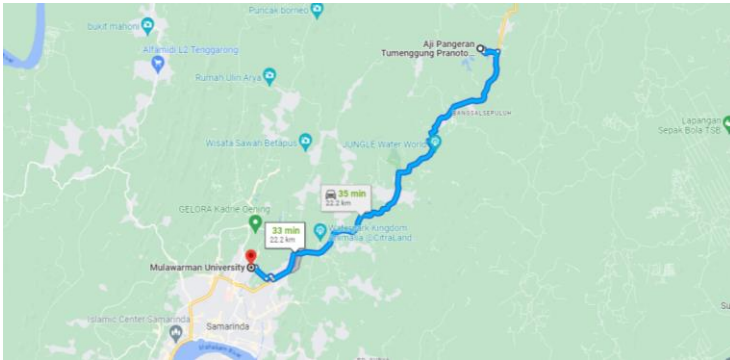




## Arrivals

You might have heard about the orangutans, rainforests, and coal mines; or at least those are the things that come to mind when you hear “East Kalimantan”. We truly understand how daunting it is to visit new places, especially if you don’t really know what to expect. Although it is true that most of East Kalimantan consists of rainforest with a little population of orangutans and coal mines scattered across, and you might picture East Kalimantan as a rural with little-to-no access region, it is only partially true because East Kalimantan is one of the economics powerhouse in Indonesia.

There are two major international airports, one is in Samarinda, one in Balikpapan, and all of you will arrive in either of those airports. If you are arriving in **A.P.T. Pranoto International Airport in Samarinda**, our committee will pick you up directly at the airport on your day of arrival and then take you directly to the dorm where you can have some rest after a lengthy travel.



The location of A.P.T. Pranoto Airport within Samarinda

If you arrived in **Balikpapan in S.A.M.S. Sepinggán Airport**, you might have to do a few extra steps. As we will not pick you up in Balikpapan, you have to travel to Samarinda on your own. When you arrive at the airport, look for a booth with the word **“Kangaroo”** written on it. It is a shuttle bus service with a route that will directly take you to their stop at Jalan Awang Long in Samarinda, in which we will pick you up from.





The bus should look like this (there might be a slight difference in livery or bus type)

Keep in mind that we could only provide information around Balikpapan or Samarinda. If you are coming from abroad, you might have to go through the immigration in Jakarta where you are going to have a transit, and they will check your documents, so make sure that your documents are easily reachable.

Here are several references regarding transportations :

<https://soekarnohatta-airport.co.id/>

<https://aptpranoto.id/>

<https://sepinggan-airport.com/id>

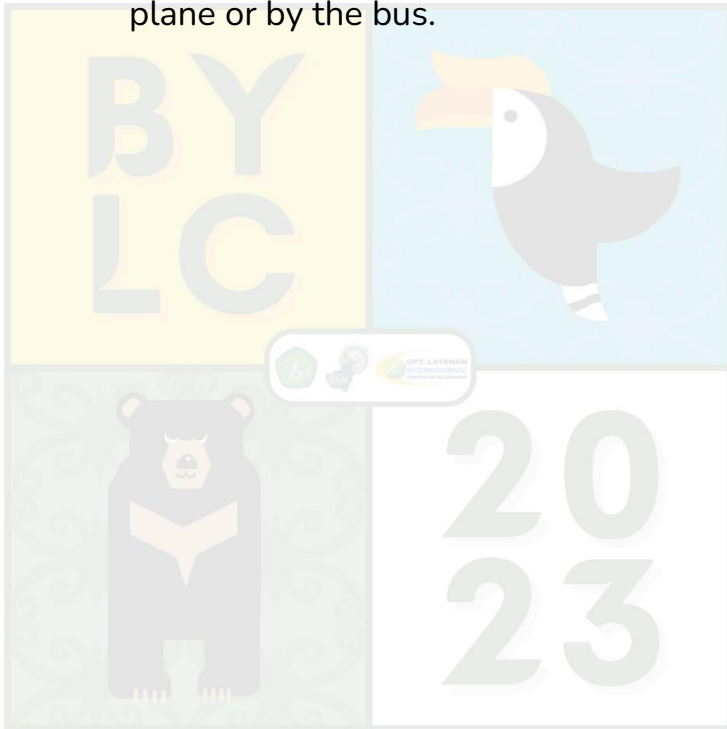
- Tips:
  - a. There are many taxi services and drivers that will swarm the moment you have arrived at the Sepinggan Airport, **we do not recommend you** to receive their offer as they might not be able to speak English and we cannot guarantee the safety of their services.
  - b. Kangaroo shuttle bus service will **cost you around Rp200.000**, so you need to keep some cash as it will be handy!
  - c. When in doubt, try to look for guys that dress like these :



Those guys are the official security on duty, they will do their best to help

you, but at times they don't speak English.

- d. Please notify us before you depart and after you have arrived, be it by the plane or by the bus.





## What to Bring?

In visiting or exploring new places of course you have to be prepared. This includes preparation in what you have to bring with you, especially if there is a very particular activity that you are going to do.

Since East Kalimantan is located around the equator, even some places are directly on it, the heat of the sun will be the first thing that you need to be prepared for. Also there will be plenty of outdoor activities as we have already told you about, we suggest you to bring equipment that will not hinder your mobility and still makes you comfortable. Last but not least, there are lecture activities done inside a classroom in our faculties, therefore you might need equipment that will support you in a traditional learning situation (i. e. taking notes, doing calculations, etc.)

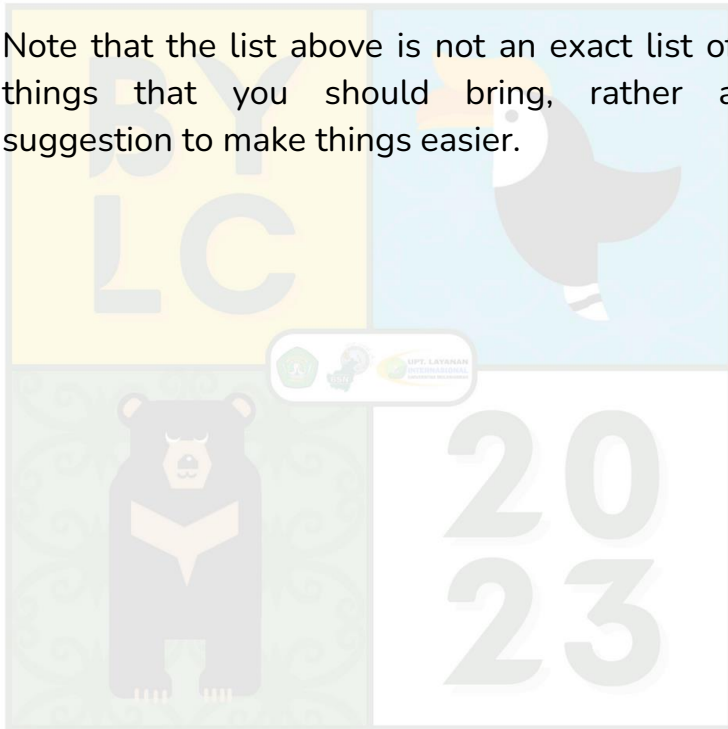
Here is a simple guideline on what to bring:

- **For outdoor activities,**
  - Umbrella or a raincoat (in case of rain or extremely sunny day)
  - Running/Sports shoes or Boots for outdoor activities
  - Jacket
  - Extra piece of clothing is always valuable
- **For classes/indoor activities**
  - Writing utensils
  - Personal computer
- **Toiletries**

Including your own personal towel, toothbrush, shampoo and soap etc.
- **Others**
  - Purchase roaming services from your provider (if you don't have an Indonesian number already)
  - Rupiah notes (It will make transactions easier, could be done during transit in Soekarno-Hatta, Jakarta)
  - Eating utensils (reusable ones)

- Your personal medication (if there's any)
- Something that you might need to sleep (perhaps a blanket, a tiny pillow, or even a dearest doll of yours)

Note that the list above is not an exact list of things that you should bring, rather a suggestion to make things easier.



## Life at the Dorm

In the period of your stay during the program, you will live in the dormitory of Universitas Mulawarman. It is located within the area of Unmul itself, so it's highly strategic and easily reachable if there would be any activities around campus.



The facade of the dormitory

In the dormitory, you will live alongside other participants from another country and also the full-time students of Unmul as well.

You will share a room with other students, and we hope that it will give you chances to bond to one another.

There are also services provided by the dormitory management accessible to you through the SSEP Committee, such as :

- Free Wi-fi
- Room services
- Laundry services
- Security services

Other than that, as you will live with other people in the dormitory, there are rules that you have to comply with for the sake of security and comfort. Several of the rules are :

- Curfew (no outside activities after 11 p.m)
- You are not allowed to bring an outsider into the dormitory
- Room distribution is based on gender

Those are the baseline of the services and the rules of the dormitory, you will be updated about it during the program orientation on the first day.

Here are several references for the dormitory :

<https://youtu.be/J-HBxH1v768>

[https://youtu.be/i4\\_CC4KiNxs](https://youtu.be/i4_CC4KiNxs)





***“When in Rome, do as the Romans do.”***



# Cultural Advice

Indonesia is a very pluralistic country with hundreds of different ethnicities, each with their own customs and cultures. To comply with each one of them is an impossible task to be done. But no worries, there is a baseline on how to keep up with the locals.

## 1. Appearance

People see with their eyes, and if there is something that's quite unusual, it's only natural for their eyes to look into it out of wonder and curiosity.

Most Indonesian are Muslims with a significant minority of adherents from other religion groups such as Christians, Buddhists, and Hindus. Therefore people tend to dress in a more modest way, although it is pretty common to see people with a more liberal way of wearing clothes in bigger cities.

Since we are going to attend activities such as visiting museums, excursions on a beach, exploring rainforest, and attending classes, we

suggest you to wear clothes that are comfortable to you. For places where traditional culture is still highly embraced or in formal institutions, it is preferable to wear clothes that's more modest and covering.

## 2. Manners

In line with the saying that you have seen a few pages before, when you are in a new foreign place, it's best to understand the culture of the locals. When interacting, Indonesians tend to emphasize respecting the elders and might seem friendly or even shy.

Here are some tips when you are interacting with a local:

- Smile 😊

Local Indonesian smile a lot, when you accidentally make eye contact or intentionally speak with the locals, a smile is always appreciated.

- Handshakes

This is where foreigners are sometimes confused as Indonesian always put their hand on their chest after every handshake. Some people might see it as something offensive. The gesture itself seems like they are rubbing their hand on their chest, but it is actually considered polite to do so.

- Eye contact

Some people might stare at you. In some cultures it is considered rude to stare someone in the eye, but sometimes people will look at you out of curiosity. Similar to the previous advice, if you caught someone staring, just give them a smile and a nod.

### 3. Useful Phrases

Most Indonesians are familiar with English as it is taught in formal education, but it's always better if you could communicate in the local language. Some of the useful phrases that you might use :

- **Apa kabar?**  
*How are you?*

- **Terima kasih**  
*Thank you*

- **Tolong**  
*Please/Help*

- **Berapa harganya?**  
*How much does it cost?*

- **Permisi**  
*Excuse me*

- **Sampai Jumpa**  
*Goodbye*

- **Kuliah**  
*College/Lessons (in college)*

- **Saya ingin membeli ini...**  
*I would like to buy this...*

- **Kiri**  
*Left (direction)*

- **Kanan**  
*Right (direction)*

- **Saya tidak bisa Bahasa Indonesia**  
*I can't speak Indonesian*





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